

Ten Ten Programme Content – EYFS

The programme adopts a spiral curriculum approach so that as your child goes through the programme year-after-year, the learning will develop and grow, with each stage building on the last.

At St John Fisher, we will be following Pathway 3, which means that we will deliver the full programme over 3 terms every year.

Module 1: Created and Loved by God

Module One explores the individual. Rooted in the teaching that we are created by God out of love and for love, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships:

Unit 1: Religious Understanding Story Sessions: Handmade with Love

Religious Understanding introduces children to the story of creation, where God created the earth, sea, stars, plants, animals and humans. The five-story sessions encourage children to creatively explore this topic and help them to deeply know that they are created by God, out of love and for love.

Unit 2: Me, my body, my health; Children meet the story book characters of Freddy Teddy, Mollie the Cat and Billy Bird who will reappear throughout this scheme of work. Children will learn about their uniqueness in real terms, including celebrating differences and individual gifts, talents and abilities. They will learn about looking after and using their God-given bodies and develop their vocabulary around this topic.

Unit 3: Emotional well-being, children will learn about likes, dislikes and self-acceptance. They will learn from Freddy Teddy and his friends how to describe different feelings, both good and bad. Finally, through a real world example, children will learn that actions have consequences; that when we make mistakes we should say sorry and ask for forgiveness.

Unit 4: Life cycles Through Mollie the Cat and Billy Bird talking about their respective journeys from kitten/egg to adult animals, children will explore the natural human cycle of life, focusing on what children can remember about their development so far and what they know will happen, as they get older. This is underpinned by the religious understanding that growing up is part of God's plan for our lives and that we are loved by Him at every life stage.

UNIT 1 – RELIGIOUS UNDERSTANDING

Session	Year/ Term Taught	Outline of Lesson
Story Sessions	EYFS Autumn	<p>Handmade with love</p> <p>Over five days, children will be told the story of creation, engaging with it creatively through sound, movement and discussion. This session aims to provide children at the outset of the programme with the language and understanding of the fundamental principle that we were created by God out of love and for love.</p>

UNIT 2 – ME, MY BODY, MY HEALTH

Session	Year/ Term Taught	Outline of Lesson
1	EYFS Autumn	<p>I Am Me</p> <p>This session helps children learn that they are uniquely created by God and special because they are made and loved by Him. As children explore in more detail their uniqueness and what that means in real terms, this session aims to celebrate difference as well as individual gifts, talents and abilities.</p>
2	EYFS Autumn	<p>Heads, Shoulders, Knees and Toes</p> <p>The first part of this session requires children moving around and exploring the movements their bodies can make by taking part in a story where Freddy Teddy and Mollie the Cat take a morning walk. The rest of the session helps children realise how wonderful their unique, God-given bodies are. The session also briefly discusses, in an age-appropriate way, that privates are private.</p>
3	EYFS Autumn	<p>Ready Teddy?</p> <p>With the ultimate aim of looking after our God-given bodies, this interactive session involves children helping Freddy Teddy to make good, healthy lifestyle decisions, including about exercise, diet, sleep and personal hygiene. This session offers spiritual reasoning for why we should look after our bodies, and consolidates on the good practice being taught in schools.</p>

UNIT 3 - EMOTIONAL WELLBEING

Session	Year/ Term Taught	Outline of Lesson
1	EYFS Autumn	I Like, You Like, We All Like! This session builds on themes of similarities and differences from Unit 2 by helping children consider what likes and dislikes they have in common. Children will also participate in a story in which Mollie the Cat feels bad because she doesn't like catching mice, but comes to a place of self-acceptance with the help of her friends.
2	EYFS Autumn	Good Feelings, Bad Feelings Using pictures and short stories of Freddy Teddy and his friends experiencing different feelings, children will discuss how they are feeling, what feelings can look like and why they might be feeling them. They will also work on empathy and understanding of others, and how to help.
3	EYFS Autumn	Let's Get Real This session moves away from Freddy Teddy and friends and looks at a real life example of a challenging situation like pupils may face. Children will engage creatively with this story, learning that actions have consequences; that when we make mistakes, we should say sorry and ask for forgiveness. This will lead into a basic exploration of Jesus' forgiveness for us.

UNIT 4 – LIFE CYCLES

Session	Year/ Term Taught	Outline of Lesson
1	EYFS Spring	Growing Up This session helps children explore the natural human cycle of life, focusing on what children can remember about their development so far and what they know will happen as they get older. This is underpinned by the religious understanding that growing up is part of God's plan for our lives, and that we are loved by Him at every life stage.

Module 2: Created to Love Others

Module Two explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this Module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe:

Unit 1: Religious Understanding The two part session firstly helps children to understand why the Bible is so special to Christians, and secondly helps children to act out the Gospel account of Jesus washing His disciples' feet, showing that He loves us and is a role model for us to copy in loving one another.

Unit 2: Personal Relationships children will expand their vocabulary by applying names to different family/friend relationships, consider positive/negative behaviour in relationships and learn to look to Jesus as their role model for a good friend. Children will learn to resolve conflict and the importance of asking for forgiveness: that when we hurt others, we also hurt Jesus – but that Jesus teaches us how to forgive ourselves and others.

Unit 3: Keeping Safe children learn practical ways to stay safe inside and out, about bodily privacy (including the NSPCC PANTS message that 'privates are private') and the importance of talking to their 'special people' if anything troubles them. Children will meet animated expert Dr Datfa, who advises on medicine safety and the people who help us in emergencies (a session that can be linked to the 'People Who Help Us' topic in EYFS). All these topics are underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe.

UNIT 1 – RELIGIOUS UNDERSTANDING

Session	Year/ Term Taught	Outline of Lesson
1	EYFS Spring	Role Model The first part of this session helps children to understand why the Bible is so special to Christians and the second helps children to act out the Gospel account of Jesus washing His disciples' feet, showing that He loves us and is a role model for us to copy in loving one another. For Day Two, you might want children to do the foot washing activity in smaller groups.

UNIT 2 – PERSONAL RELATIONSHIPS

Session	Year/ Term Taught	Outline of Lesson
1	EYFS Spring	Who's Who? This session helps children learn and apply names to different family relationships, as well as discussing 'special people' who they can trust.
2	EYFS Spring	You've Got a Friend in Me Through role play and story, this session discusses friendships with peers and the different qualities of a positive/negative relationships. Children will expand their vocabulary around this topic and learn to look to Jesus as a role model for being a good friend.
3	EYFS Spring	Forever Friends Through a story about Freddy Teddy struggling to share at a picnic with his friends, this session helps children consider how to resolve conflict in friendships through saying sorry and asking for/receiving forgiveness. Children will learn that when we hurt others, we also hurt Jesus - but that Jesus teaches us how to forgive ourselves and others.

UNIT 3 – KEEPING SAFE

Session	Year/ Term Taught	Outline of Lesson
1	EYFS Summer	<p>Safe Inside and Out</p> <p>Through an interactive story where children have to help Freddy Teddy stay safe in various situations, children will explore different ways they can stay safe outside, inside and inside themselves too. All this is underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe.</p>
2	EYFS Summer	<p>My Body, My Rules</p> <p>This session introduces children to the idea of bodily privacy (including the NSPCC PANTS message that 'privates are privates') and the importance of talking to their 'special people' if anything troubles them. This is all underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe.</p>
3	EYFS Summer	<p>Feeling Poorly</p> <p>In this session, pupils will be introduced to the idea of medicines as drugs and learn how to be safe around them. Children will draw on their own experiences of feeling poorly and taking medicines, as well as input from an animated expert, Dr Datfa. This session is underpinned with the religious teaching that our bodies are a gift from God which we should take care of.</p>
4	EYFS Summer	<p>People Who Help Us</p> <p>This session ties in with the EYFS 'People Who Help Us' topic, enabling pupils to identify those who help us in an emergency, including police, firefighters and paramedics. Children will learn what an emergency is and discuss which emergency service they might need in specific scenarios. Children will also discuss the principle of emergency and non-emergency First Aid. This teaching is underpinned by the religious understanding that we are created to love God and love others, and we should therefore look out and care for one another and the bodies we have been given.</p>

Module 3: Created to Live in Community

Module Three explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good:

Unit 1: Religious Understanding introduces in a very simple way the concept of the Trinity, where God is three-in-one and each part loves the others and loves us. Children will come to understand that as we are made in the image of God, we are designed to love God and love one another in our wider communities too. Through the story of Jesus feeding the 5000 with just the humble offering of a small boy, children will learn that our loving actions can be used by God to do incredible things.

Unit 2: Living in the Wider World helps children to extend their understanding of communities from Unit 1, as they learn about the responsibilities they have to people, places and the planet now and increasingly as they get older.

UNIT 1 – RELIGIOUS UNDERSTANDING		
Session	Year/ Term Taught	Outline of Lesson
1	EYFS Summer	God is Love This session introduces in a very simple way the concept of the Trinity, where God is three-in-one and each part loves the others and loves us. Children will come to understand that as we are made in the image of God, we are designed to love God and love one another too.
2	EYFS Summer	Loving God, Loving Others Building on the previous session, where children learned that we are made to love others just like God love us, this session helps children consider their wider communities. Through the story of Jesus feeding the 5000 with just the humble offering of a small boy, children will learn that our loving actions can be used by God to do incredible things.
UNIT 2 – LIVING IN THE WIDER WORLD		
Session	Year/ Term Taught	Outline of Lesson
1	EYFS Summer	Me, You, Us Extending their understanding of communities from Unit 1, this session helps children to understand the responsibilities they have to people, places and the planet now and increasingly as they get older.